THE INSTITUTE OF CORE ENERGETICS

POST GRADUATE MASTERY PROGRAM

2026 . 2027

Deepening Your Mastery, Fluency, and Skill in Communicating the work of Core Energetics

Program Focus:

- **Content-** Building a deeper understanding of Core Energetics concepts
- **Fluency-** Cultivating authentic proficiency in communicating Core Energetics concepts
- **Skill-** Developing and practicing the tangible and intangible skills of effective teaching and communications.

Core Energetics is a living body of work. Its future depends on practitioners willing to embody, teach, and evolve it. This program exists to support those who feel called to carry the work forward — not only as practitioners, but as teachers, facilitators, and leaders within the Core Energetics community.

FACULTY

POST GRADUATE
MASTERY
PROGRAM
2026 . 2027

THE INSTITUTE OF CORE ENERGETICS

Our Post Graduate faculty are Directors and former Directors of their Core communities.

The Foundations of Teaching &
Awakening the Leader Within
KARYNE WILNER

Cultivating Core Fluency Part I
Mastering the Content
Barra Kahn

Cultivating Core Fluency Part II
Mastering the Content (Online Course)
KEN GOLDBERG

The Embodied Teacher: From Spiritual
Presence to Transformational Learning
(Online Course)
PABLO CORTÉS

Group Dynamics in the
Teaching Environment
KATE HOLT

Integration & Final
Project Presentations
AIMEE FALCHUK

5 Online Supervision Sessions
LISA LOUSTAUNAU

- **Five weekend training modules start on Friday morning at 10 am, and end on Sunday at 5pm.**
- **Includes one process group per module**
- **1 online full-day class (date TBD)**
- **5 online supervision sessions (post-module)**
- **Final project: Post Graduate Project or Final Teaching Presentation**

2026-2027 Program Dates:

October 23-25 2026
December 4-6 2026

February 19-21 2027 (online)
April 16-18 2027
June 11-13 2027

Training Facilities

Four in-person training weekends (October, December, April, June) are held at Wisdom House Retreat & Conference Center in Litchfield, CT - a serene setting that supports deep connection, community, and embodied practice. The February training takes place over Zoom.

Application Fee

Application Fee $125: (Must accompany application form)

Tuition

The tuition for the 2026–2027 year is $6,000.00

Additional costs:

- Room & board for residential weekends (Wisdom House policies apply)
- Individual and/or group Core Energetics sessions
- Required books and training manuals (some available via Amazon)

Refunds

Tuition paid toward the training programs is **non-refundable**. See Wisdom House refund policies for Room and Board. Scholarship awards must be reimbursed to the Institute if the student drops from the program the year it was awarded.