

The Spiritual Significance of Groups The Energetic Connection

The Guide's statement that "Life is relationship" is not an injunction, but a statement of truth or law of nature. This law is manifested in a Core Energetic group. Like a womb, the group creates a placental environment of relationship that guarantees the incubation of experience and its transmission. It activates both the powerful urge toward unity and the forces of resistance to it. Both sides are in continual dialogue. By containing the conflict, the group holds the mirror of relationship up to personal growth. By providing the tools of intimacy, the group helps the individual to embrace the self in the other and to accept feelings as natural or only relatively crazy.

Working with the body can open the door to the innate bonding urges of the life force. Warm-blooded creatures cannot help but engender the need for personal care. The vibration of energy generates a warmth that is contagious. It penetrates the tissues and melts the frozen part. Through the contact environment that the group sets, the heat is allowed to flow evenly to sustain release and allow for real growth.

In this environment of contact, polarities function as continuums. Hormonal activity galvanizes highly charged fluids which charge the tissues with a flush of polarities that give a sense of self and other *simultaneously*. This release permits the organism to change shape.

Solidity becomes liquidity. This loosely structured liquid flows more and more into the solidly forced role assignments. Rigid roles soften into bonding regulators. The sense of visceral movement is restored. Rather than identifying with the muscular-skeletal (executive) system, the group evokes the liquid systems which are the universal media in which everything exists.

The internal experience by which one recognizes oneself makes the cognitive process irrelevant. The quality of experience in the hallows and passageways of the body differs from the quality of sensation in the sense mass. Where is the location of the self? Where is the voice of light coming from? What kind of hormonal bath has the brain gotten?

In the environment of contact, the source is liquidity—the hormonal flow of electrified heated fluids. The bioelectric currents set up pathways that end up as structures. Liquidity carries fire from the ductless glands and enlightenment becomes a hot fluid experience.

Thus, feeling and anatomy become one and the same process. The nature of feelings can be deducted from the anatomical structure. Armorings, then, are not only blockages but facts that have to be used differently. Consider what kind of feeling is emerging in the release. The rhythmicity of that feeling must be sustained so that the organism will feel and fill itself with its own substance. In fact, the intent

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of sustained excitement is to create bonding both within and without. When excitement is sustained, caring is created and the blockages are transformed into stepping stones for growth.

Through sustaining and globalizing movement, the group teaches this process of buildup. As more organs and organisms become involved, excitation builds. Surfaces have a way of communicating bad being imprinted by that communication. The group proliferates and codifies these imprints of excitement.

Thus, the biological process is a communal event that is ongoing,

without beginning or end. In this environment of ongoingness, longing functions to generate new images of possibility rather than despair. In this primary process of being, there is no need to articulate dualities. Inner wholeness, completeness, and contactfulness come together and permeate the consciousness with the seeds of a new energy force. This group has enabled the individual to get inside of the creative process and to participate in the eternal now.

Elaine Waldman

