

EDITORIAL

I am pleased to introduce our second issue of *Energy & Consciousness* at time when enormous expansion is taking place in Core Energetics. Our First International Core Energetic Conference was held on the Greek island of Corfu May 4 to 8, 1992. For the first time, representatives and members of the training programs from Munich, Berlin, the International (European) Training, Mexico, California, and New York met together to work, play, and exchange ideas. It was beautifully organized by Peter Bohlscheid, Klaus Stinshoff, and Karyne Wilner.

At the conference, members of the three European programs met together and agreed to form a European Core Energetic Association under the leadership of Gunther Wagner. Teddy LoRusso announced the imminent opening of a new building to house the Berlin Core Energetic Institute. Institutes in Spain and Switzerland are being discussed.

The articles in this issue reflect a diversity that I hope will become a hallmark of this journal. We would like to present articles that explicate and enlarge upon Core Energetics as conceived by its founder, John Pierrakos, M.D., as well as articles by those who work in related areas of body and spiritually oriented psychotherapies.

We therefore begin with a brief note by Dr. Pierrakos explicating the role of both consciousness and energy in the evolutionary process of Core Energetics.

Three clinical articles focus on treatment strategies. Bernard Rosenblum outlines the diagnosis and treatment of panic. Francis Clifton illustrates the use of imaginal techniques in de-constructing the negative self images found in dreams. Dr. Rosenblum writes from within the body therapy tradition while Dr. Clifton would be more adjunctive to it. In the concluding section of his article on "Psychopathy," Andre Leites focuses on issues in the treatment of psychopathic personalities.

Joan Groom's article on the "Characterological Distortion of Spirituality" represents an interesting integration of core energetic theory and her experience as a psychotherapist within a particular religious organization. She uses characterology as a matrix to examine people's attraction to a religious theology and how that theology meshes with their characterological needs.

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The brief notes by George Sarant and Elaine Waldman inaugurate a new column we are calling "Focus On" in which we invite readers to write short reflections on their experiences in learning or practicing Core Energetics in their private or professional lives. Dr. Sarant, a recent graduate of the Institute of Core Energetics, speaks of his experience in learning to read bodies, and Elaine Waldman, who has been an energetic therapist for twenty years, addresses the spiritual significance of groups.

Jacqueline A. Carleton

